

Personal Assistance Plan



Name

BATHING

Level of Assistance

- No assistance
- Remind of needs; lay out bathing articles assist with preparation and/or assist in and out of shower
- Full assistance

Care Plan

- No assistance
- Remind to bathe
- Lay out bathing articles
- Set water temperature
- Assist in/out of shower
- Cue to wash certain areas
- Assist certain areas
- Full assistance needed

GROOMING

Level of Assistance

- No assistance
- Remind of needs; lay out grooming articles and/or ensure certain areas are checked
- Full assistance

Care Plan

- No assistance
- Remind of grooming needs
- Lay out grooming articles
- Hair care needs
- Oral care needs
- Facial/body hair needs
- Make-up needs
- Full assistance needed

DRESSING

Level of Assistance

- No assistance
- Remind of needs; lay out clothing and/or ensure certain areas are checked
- Full assistance

Care Plan

- No assistance
- Remind of dressing needs
- Lay out clothing
- Assist certain areas
- Full assistance needed

DINING

Level of Assistance

- No assistance
- Remind of needs; menu modifications
- Assist with certain dining functions

Care Plan

- No assistance
- Remind of needs
- Menu modifications
- Assist certain areas

AMBULATION/STATION

Level of Assistance

- No assistance
- Stand beside supervision during ambulation and/or reminders to use assistive aids
- Assistance with ambulation/transfers

Care Plan

- No assistance
- Stand beside supervision
- Remind to use assistive aids
- Assist with ambulation
- Assist with transfers

Personal Assistance Plan *continued*

Name

ORIENTATION

Level of Assistance

- No assistance
- Forgetful and needs reminders
- Frequent reassurance and/or redirection needed

Care Plan

- No assistance
- Reminders
- Reassurance needed
- Redirection needed

SENSORY AIDS

Level of Assistance

- No assistance
- Remind of needs and/or assistance with cleaning and maintenance of sensory aids
- Misplaces sensory aids frequently

Care Plan

- No assistance
- Reminders
- Clean and maintain
- Misplaces frequently

HOUSEKEEPING

Level of Assistance

- Standard housekeeping/laundry service
- More frequent assistance; assist with maintaining orderliness of personal items, clothing and food
- Extensive housekeeping services (frequent carpet cleaning, daily laundry)

Care Plan

- Standard housekeeping
- Check regularly
- Daily laundry
- Extensive services

INCONTINENCE ASSISTANCE

Level of Assistance

- No assistance
- Remind of needs; cueing to and from restroom
- Full assistance

Care Plan

- No assistance
- Remind of needs
- Cueing to/from restroom
- Full assistance needed
- Incontinent of bladder
- Incontinent of bowel
- Supportive devices
- Briefs/pads

NOTES