

# Opportunities to Rest, Relax & Reinvigorate

## THE BENTON HOUSE ADULT DAY PROGRAM

When caring for a senior loved one it can be challenging to find time just to shop and run errands, much less to relax and recharge. The Benton House Adult Day Program seeks to help by offering families a warm, caring atmosphere where loved ones can enjoy the day and caregivers can savor a little extra time.

Use the time to catch up or just unwind. And rest easy knowing your loved one is enjoying delicious meals and engaging social opportunities as a member of our community.

We offer services for both full and half days. Take advantage of our community for the occasional break or incorporate our services as part of your regular caregiving plan. Our staff looks forward to serving you.



**Half Day (One to four hours): \$50 • Full Day (Five to eight hours): \$75**